

SJ GIRLS ANNUAL SLEEPOVER – 1st JUNE 2019

On Saturday 1st June 2019, the Annual Ramadhan Sleepover took place for girls aged between 9-16. Girls who had attended previously, as well as girls who were attending for the first time, were equally buzzing with excitement and energy, ready for an evening filled with entertainment and long-lasting memories.

Following registration, the girls settled down for an enlightening talk by Aalimah Masuma Jaffer, who spoke to the girls about the lessons we can take from Ramadhan, and how we can continue to improve our relationship with God, with our families, and with ourselves. The girls then had the chance to reflect on the talk and fill out a worksheet with their own personal goals going forward.

After the discussion, the girls had the chance to get into the groups they would be in for the remainder of the night. This allowed the girls to socialise with their friends, as well as make new ones. The girls then proceeded to make forts in the main ladies' hall – a highlight among the regular attendees of the sleepover! During the course of this activity, the girls were taken out into the ladies' carpark in groups by the volunteers to light sparklers into the night sky. This was a fun and exhilarating experience for all the girls.

Once all the groups had finished lighting the sparklers, the girls were assigned their paired mentors for the evening. The first activity of the night was a quiz, and the girls participated in their own groups, competing for a prize to be won. This was a great incentive for the girls to really put their heads together as a team and gain top marks. The quiz was divided into four rounds: general knowledge, geography, religion and Disney. The girls were highly enthusiastic and proved very knowledgeable in all the rounds, and there were in fact two groups as winners of the quiz!



After the quiz, it was time for Sehri. This consisted of cheesy (and non-cheesy) pasta, as well as a continental style spread of croissants, pain au chocolat, waffles, cereal, fruits and squash. Following Sehri, the girls prepared for Fajr and Jamaat namaz was prayed.



The girls then got stuck into the various activities planned for the remainder of the Sleepover. The activities included making flower crowns, decorating eye masks and making Eid wreaths. The girls also had the chance to play numerous games in the Games Room, including Uno, Jenga, Twister and Monopoly Deal. These activities proved very successful, as the girls seemed to thoroughly enjoy themselves while utilising their creative skills in a fun and relaxing environment.

Once all the groups had finished their rotations on each activity, the girls settled down in their sleeping bags in the Mens Hall to either watch the movie that was chosen by the girls themselves, or to take a nap after a long night of fun and games. At 8am, the Sleepover drew to a close as the parents arrived to collect their daughters. Overall, the Sleepover was a huge success once again, and the following testimonial speaks for this success!

Tiba Al Jamali, aged 11, said: *"I really enjoyed the sleepover. I found that from the previous Ramadan I kept remembering it so I really looked forward to Ramadan. My favourite part was the quiz as we haven't done it before in the sleepover and it was a chance to work as a team. I also enjoyed playing with the sparklers for they looked very nice in the dark. I look forward to coming next year."*

We would love to hear about what type of events you would like us to host. Please feel free to contact ladiessocial@jafferys.org with your ideas and suggestions!